



# FAMILY, IMPLANT & COSMETIC DENTISTRY

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## Pre-op instructions for surgery and sedation

Patients who have a clear understanding and expectation level before surgery have greater peace of mind. The following instructions and information will help you prepare yourself and ensure that your oral surgery goes smoothly.

1. Please inform our office of all routine medications and of any allergies if not listed on our intake form.
2. Take all your medication as directed unless instructed to discontinue by your physician and your dental provider.
3. Inform our office if you are taking any anticoagulants “blood thinners”, i.e Warfarin, Coumdin, Plavix, etc.
4. Prescriptions will be given prior to your dental appointment. Please have all prescriptions filled immediately and use as directed.
5. Plan to rest at home the remainder of the day and the next couple of days of your surgical appointment.
6. Please do not wear any kind of jewelry and make up to your surgical appointment.
7. Call the office as soon as possible if you have any of the following “cold” or “flu” symptoms, such as: stuffy nose, sore throat, cough, sinus drainage or fever.
8. A parent or guardian must sign for and come with anyone who is a minor under 18 years of age.
9. Please arrive at least 15 minutes prior to your scheduled surgery.
10. No alcoholic intake 24 hours prior to surgery.
11. If NOT sedated, you will be able to drive home after your procedure. You may wish to arrange for some one to drive you home.
12. If NOT sedated, eat a light meal prior to your surgical appointment. Avoid heavy or greasy food.

### If you are receiving sedation:

1. **With IV sedation, do not eat or drink anything for eight hours prior to your procedure.** You should, however, take any medications that your surgeon has directed you to take before your procedure with a small amount of **water**, along with your usual medications.
2. If you are having an oral sedative, such as Halcion or Valium OR if your surgery is with IV sedation, **you MUST have someone bring you to your appointment and wait in the waiting room to drive you home.**
3. You must have an adult stay with you after your surgery, so you are not left unattended.
4. Please wear loose fitting clothing with short sleeves and low heel shoes. Contact lenses (non-extended), jewelry, dentures, make-up and nail polish must be removed.
5. Please notify your doctor if you are pregnant.
6. Be sure to have plenty of soft food and liquid at home for your post-operative recovery.
7. It is important to understand that failure to follow any of the instructions above may result in serious complication, significant detriment to your health, and in some cases may be life threatening.

Be prepared. Fill your prescriptions before your procedure, and it is best to eliminate shopping after your procedure. The following is recommended for your soft diet after surgery: Protein Shakes (no straw), mashed potatoes, pasta, mac and cheese, eggs, seafood, ice cream, ground meat, etc.

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Print Patient Name

Patient/Guardian Signature

Date

**Please contact us at (813)684-7888 if you have any questions. A doctor can be reached after hours.  
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